



# Designing and Implementing a Community Living Center Model

## PURPOSE

The purpose of this project is to support personalized positive change for individuals living with multiple chronic diseases by transforming the way care management services are delivered and how health and wellness services are integrated in the community.

## OVERVIEW

At the center of this project is Leeway, a leader in HIV / AIDS care since 1995. Through the funding and collaboration with Connecticut's Department of Social Services (DSS), we will build on Leeway's commitment to fill the need for specialized care and services to those individuals most in need. Together with community stakeholders, we are co-constructing a Community Living Center Model. We will accomplish this goal by building on strengths, successes, and stories that already exist throughout the community, amongst community members, and within partner organizations.

In the first phase of the project, we will coordinate care interventions across the continuum in collaboration with community stakeholders already offering complementary person-centered service.

In the second phase of the project, we will develop the plans for creating a "Place of Well-being". Here, under this one roof and through coaching of individuals with multiple chronic diseases, we will create a person-directed healthy living plan that integrates both medical and social needs. With this seamless access to services we will enable flourishing of the entire human being—mind, body, and spirit.

Examples of integrated services and environments that may be offered include:

- » Healthy Living Coaching
- » Mental Health & Behavioral Resources
- » Targeted Ambulatory Medical Services
- » Pharmacist/Pharmacy
- » Integrative and Rehabilitative Therapies
- » Fitness and Nutritional Services
- » "The Commons" A place of learning for all stakeholders
- » Vocational Training
- » Café fostering relationships
- » Recreational spaces
- » Art and Music Therapies
- » Garden Space/Labyrinth/Meditation
- » Ancillary Physician Services supporting the 5 senses including such as dental, vision, hearing

## PROCESS

Our path to accomplish both phases includes the following five milestones. First, we will conduct a community needs assessment and project visioning in support of program design, service integration, and intentionally strengthening health and wellbeing partnerships. During this step, we will gather information from community stakeholders through interviews, focus groups, and retreats so that many voices dream of, and co-construct, an ideal Community Living Center Model. Second, we will implement a wrap around case management approach aligned with evidenced-based practices. During this step, themes from proven successful models will be evaluated and incorporated as deemed appropriate to our project.

Third, we will create training programs for staff, patients, caregivers, and community stakeholders that evolve the way in which we care for and support individuals so that they flourish. During this step, we will educate to align action with our collective vision. Fourth, we will launch marketing strategies to build community support and leverage awareness. During this step, we will maximize exposure of our initiative. And finally fifth, we will design the bricks and mortar of the “Place of Well-being” with an accompanying sustainable business plan. During this step, the magic will begin to materialize.

## COMMUNITY INVOLVEMENT

This project is collective in that all stakeholders will participate in the process. Community stakeholders include patients, clients, staff, alumni, community agencies, healthcare providers, churches, emergency response teams, universities, parks, and arts organizations.

## CONTACT

For further information or to get involved, please contact Heidi Gil at 203-305-5735.

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**H P G**  
HoodenPyleGil

HoodenPyleGil seeds extraordinary breakthroughs by inspiring individuals, organizations, and communities to thrive. HoodenPyleGil will leverage its experience with Department of Social Services and with the design of person-centered programs.

[www.HoodenPyleGil.com](http://www.HoodenPyleGil.com)



Robert Wood Johnson Foundation

Community Coaches from the Roadmaps to Health Action Center provide local leaders support to strengthen their efforts to build a culture of health in their communities. Coaching is part of the County Health Rankings & Roadmaps program, a collaboration between the RWJ Foundation and the University of Wisconsin Population Health Institute.

[www.countyhealthrankings.org](http://www.countyhealthrankings.org)

**C A M A**

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